









Extra Services Highlights for 2015

All physical, mental and substance abuse services are the same in each health plan. The chart shows extra services you can receive in KanCare.

Note: Not all members approved for coverage are included in KanCare.

		
Dental care for people 21 and over: <ul style="list-style-type: none"> • Two cleanings annually • Scaling and polishing procedures 	One dental visit for adults 21 and older every six months.	Adult dental services are a benefit. Members over 21 can get an examination. They also get an x-ray and teeth cleaning.
Through the Healthy Rewards program, members can earn \$10, \$15, or \$25 in debit card credits for over-the-counter items each time they get certain health checkups and screenings.	Members can earn \$10 - \$50 or more on a CentAccount rewards card for healthy checkups to use for over-the-counter items.	Members can earn up to \$80 in Wellness Reward debit cards to help them become and stay healthy. They can earn the gift cards by going to health screenings and checkups.
We help certain members get free cell phones through SafeLink® and up to 250 free minutes of service each month plus: <ul style="list-style-type: none"> • 200 bonus lifetime minutes • Unlimited nationwide text messages • Free outbound calls to Member Services Coverage may not be offered in certain remote service areas.	SafeLink® and Connections Plus are programs that provide a free cell phone to members. SafeLink® provides up to 250 free minutes of service per month. This includes free calls to and from Sunflower Health Plan. Members will be able to have telephone access to their KanCare providers.	Our Member Advocates can help certain members get free cell phones through SafeLink®. The advocates can help with: <ul style="list-style-type: none"> • Picking the right cell phone provider • Help with the application • Educate on phone benefits • Get the member connected with the program. The member can get up to 250 free minutes of service each month. Coverage may not be offered in some service areas.
Taking Care of Baby and Me® prenatal and postnatal program with: <ul style="list-style-type: none"> • Health resources and coaching • A special self-care book • Information on Warm Health and how to enroll • A helpful tips brochure with information on enrolling in Text4Baby, centering pregnancy group visits and more. 	Start Smart for Your Baby - This program gives support and education for moms, babies, and families. The program includes the services below. There is no cost to member. <ul style="list-style-type: none"> • Start Smart home visits for new mothers • Start Smart baby showers for pregnant mothers • Start Smart birthday programs for children. 	A free book named Baby Basics will be sent to each member who is pregnant. You can earn great rewards with Baby Blocks if you are pregnant. Join Baby Blocks and get a \$20 gift card or a cool diaper bag. Stay with the program after your baby is born and you can earn up to eight rewards in all.
Smoking Cessation program that includes a full range of nicotine replacement therapy products, as well as coaching and support services.	Members can participate in a smoking cessation program, including www.kanquit.com . They can also be referred to Sunflower's smoking cessation program offered through Healthy Solutions for Life.	Adult members can go to two more podiatry (foot doctor) appointments each year.
Extra over-the-counter (OTC) medicines through mail order for all waiver groups and certain members receiving SSI. \$120 annually (\$10 member monthly allowance) toward the purchase of OTC products through a secure website.	We also provide practice visits to OB/GYNs and dentists for members with developmental disabilities to help them become more comfortable with preventive care visits.	We will provide more vision services. The services will include more coverage for lenses.
Free rides to community health events and free caregiver transportation to Medicaid-covered appointments for all waiver groups and certain members receiving SSI.	Our MyStrength online program offers eLearning to help members overcome depression and anxiety. This online program includes simple tools, weekly exercises, mood trackers and daily inspirational quotes and videos. The program may be used on its own or with other care.	For our members on the IDD Waiver and some members with behavioral health needs, we will provide free rides to job related activities. The rides are six one way or three round trip rides that can be used for attending job interviews or when member's usual ride to and from a job is not available.

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<p>Healthy Families Program – Our Healthy Families program is designed to help families with children ages 7-13 who are overweight or obese, or at risk of becoming overweight or obese, live healthier lives.</p>	<p>We have targeted disease management for members with asthma, COPD, diabetes, heart disease or high blood pressure through our Healthy Solutions for Life Program. Members can enroll in any of these programs. There is a weight management program for adults by referral only.</p>	<p>Families with children age 2 to 8 can join in the Sesame Street “Food for Thought” program which will be offered throughout the State. The program is where families can learn from Sesame Street characters about eating healthy on a budget.</p>
<p>Free in-home pest control for all waiver groups and certain members receiving SSI, with a maximum benefit of \$500 per calendar year. Members must own the property to receive this benefit (excludes members residing in ICF/MR, assisted living and nursing facilities, group homes, or similar settings).</p>	<p>Community Programs for Healthy Children: Sunflower offers free services to promote healthy lifestyles for kids, such as membership fees to Boys & Girls Clubs and Adopt a School Program.</p>	<p>Children can join in free activities at the YMCA, Boys and Girls Clubs, and 4-H and selected Parks and Recreation Departments. Adults on the FE and PD waiver and Health Home members with behavioral health needs can get free activities with selected Parks and Recreation offices also.</p>
<p>Weight Watcher Vouchers - Members can receive one Weight Watchers voucher for four weeks of classes, plus payment of the initiation fee.</p>	<p>Our Choose Health Program targets members with chronic health conditions. The program helps members determine how emotions can impact their condition (i.e. stress, poor sleep, and change in appetite). As a part of the program, participants are assigned a Choose Health Coach who works with the entire health care team to ensure members have everything they need to feel their best.</p>	<p>Our adult members can go to FREE Weight Watchers classes for three months. You can also earn a \$50 gift card to be used toward workout gear for finishing the program. Kids age 10 to 17 who are watching their weight can earn a \$50 gift card in the Join For Me program. They earn the gift card by finishing the Join For Me program.</p>
<p>Respite Care for caregivers of Frail Elderly waiver members and extra respite care for members of Autism and Intellectual/Developmental Disability waiver groups (excludes members living alone or residing in ICF/MR, assisted living and nursing facilities, group homes, or similar settings). Personal assistant services for members in the Intellectual/Developmental Disability waiver group.</p>	<p>Up to 8 hours a year of respite for caregivers of members on the Frail Elderly waiver. We also provide 50 hours for respite care or hospital companionship for those on the Intellectual/Developmental Disability waiver.</p>	<p>For our members on the IDD waiver we can provide 40 hours of extra respite care.</p>
<p>Entertainment Book Coupons with local coupons and discounts.</p>	<p>We offer medication review for members living in foster care and persons with Intellectual Developmental Disabilities.</p>	<p>We have Peer Coaches that can help someone who is just coming out of a hospital for behavioral health needs. The Peer Coaches help the member to get better and work on not going back to the hospital.</p>
<p>Hypoallergenic Bedding – Members with allergies or certain other conditions can get up to \$100 for the calendar year to use toward special bedding items. To receive the benefit, a doctor must recommend/order the product, and the member must have an allergy diagnosis.</p>		<p>Parents can order hypoallergenic blankets and pillowcases that help with a child’s asthma after seeing their doctor. Our asthma programs can help children and their parents learn how to better manage their health.</p>
	<p>We provide members of certain waiver populations with a medical escort if needed.</p>	<p>PD and FE waiver members can receive a supply of adult briefs to help save them money.</p>
	<p>In-home telemonitoring is available for adults only. This service helps members be able to be at home when they need help to manage their chronic heart failure, heart diseases or high blood pressure.</p>	<p>Adult members on the PD and FE waivers can pick one free home safety or support product per year from a catalog of home help items through their care coordinator. FE members can also get an annual wellness calendar through their care coordinator.</p>